



Lunchboxes

Hebden Lodge Nursery

Aim:-

- To create a safe lunchtime routine where children are eating their own fresh, uncontaminated lunch that is healthy and nutritious.

How we will achieve this:-

- Parents are informed that there are limited facilities for storing lunchboxes in the fridge and are recommended to put an ice pack in each box.
- Parents are recommended that nothing that could cause food poisoning is put in the lunch box.
- Parents are asked to clearly name their child's lunch box.
- Parents are informed that we recommend a healthy lunch that is low in salt, and fat and that chocolate and sweets are only eaten as a treat when everything else has been eaten.
- Glass bottles are not allowed to be brought because of the risk of injury.
- If we have a child with allergies at Nursery it may be necessary to ask parents not to send certain foodstuffs.
- We ask parents don't send NUTS due to children with allergies.
- Parents of very young children will be informed of what the child has eaten and drunk through the daily diaries.